



REAL PATIENT STORIES



Is now the best time for a makeover?

We can't pinpoint the exact reason why, but aesthetic makeovers have become more popular than ever. Whether it's the "Zoom Boom," the influence of social media before-and-afters, or an increased acceptance as a form of self-care, statistics tell us that more people are addressing aesthetic concerns that have been bothering them for a while. From getting the breast surgery you desired in your 20s at age 50, to a full-body refresh after weight loss, more and more people are choosing to finally put themselves first and get the makeovers they've always dreamed of. These stunning transformations performed by top aesthetic doctors not only improved appearances, but also the recipients' self-confidence and overall quality of life.



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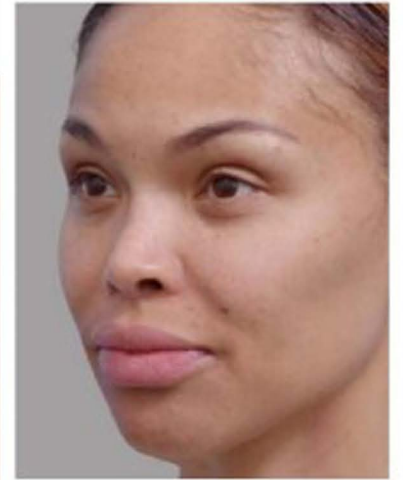
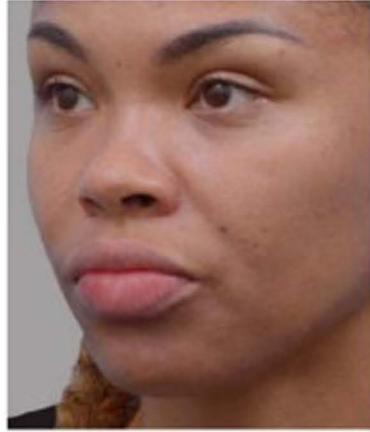
Remarkable Results

SALT LAKE CITY FACIAL PLASTIC SURGEON P. DANIEL WARD, MD

Wanting a few subtle improvements to reshape her nose and lower face, this 36-year-old patient sought Dr. Ward for a rhinoplasty and neck procedure, which resulted in a refined nose, a more prominent chin and a tighter jawline.

AFTER

BEFORE



Age Reversing

NEW YORK COSMETIC DENTIST HUSAM ALMUNAJED, DMD

Desiring a more youthful look, Dr. Almunajed's 46-year-old patient proves it's never too late to get a sparkling smile. Using porcelain veneers and a gum lift, he gave her a balanced result that enhanced her facial features.

BEFORE



AFTER



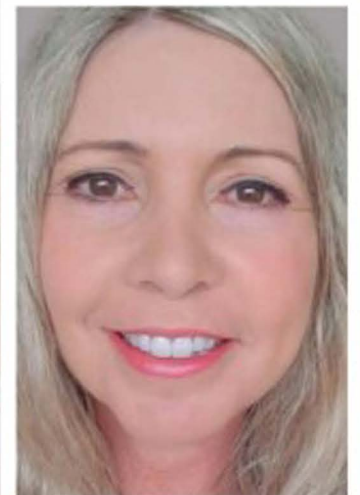
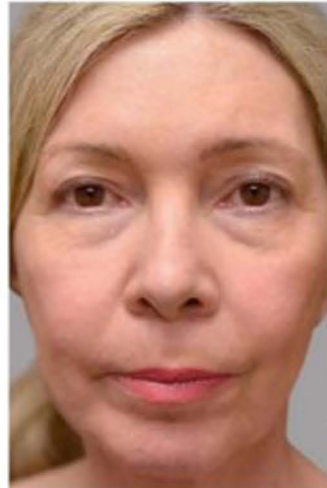
Total Transformation

WEST ORANGE, NJ PLASTIC SURGEON MOKHTAR ASAADI, MD

Wanting a fresher look at 50, this patient went to Dr. Asaadi for his signature upper and lower blepharoplasty, which corrected upper-eye hooding and under-eye festoons.

AFTER

BEFORE



The increase in surgical procedures over the last year

SOURCE: THE AESTHETIC SOCIETY

54%

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Back Sculpting

WEST ORANGE, NJ PLASTIC SURGEON MOKHTAR ASAADI, MD

To give this 59-year-old patient a leaner-looking silhouette, Dr. Asaadi removed excess skin on her mid-back with a "Bra Lift" and performed VASER liposuction on her back, flanks and arms.

Full-Face Refresh

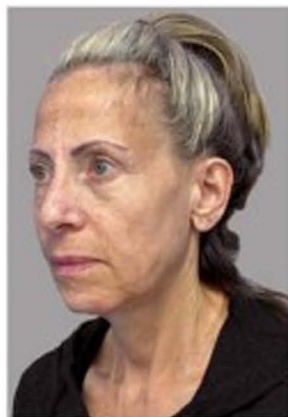
NEW YORK FACIAL PLASTIC SURGEON DILIP D. MADNANI, MD

Happy with her upper eyelift results from last year, this 53-year-old returned to Dr. Madnani for a facelift, necklift and a CO₂ laser skin-resurfacing treatment.

AFTER



BEFORE



Proportional Volume Boost

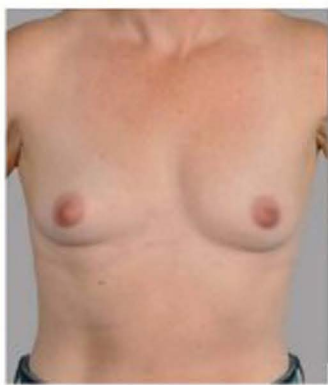
GRAND RAPIDS, MI PLASTIC SURGEON BRADLEY BENGTSOEN, MD

To achieve a volume increase that fit this 53-year-old patient's frame, Dr. Bengtson used Natrelle Inspira 240-cc highly cohesive silicone implants.

AFTER



BEFORE

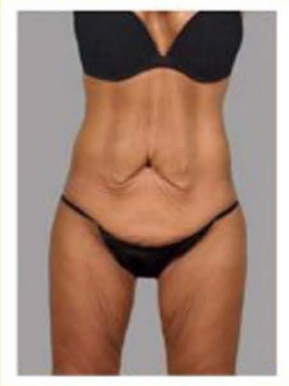


Tightened and Toned

GRAND RAPIDS, MI PLASTIC SURGEON DAVID R. ALFONSO, MD

After losing more than 100 pounds, this 41-year-old patient addressed the excess skin on her stomach and thighs that bothered her with a tummy tuck and liposuction. Her new, lean look gave her a big confidence boost.

BEFORE



AFTER

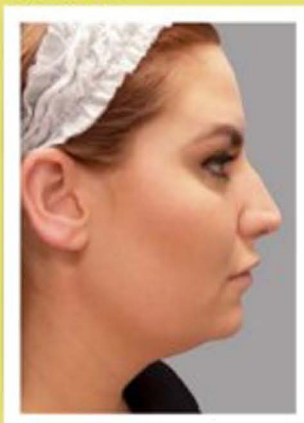


Topping the list of most popular procedures last year were liposuction, facelifts, breast surgery and tummy tucks.

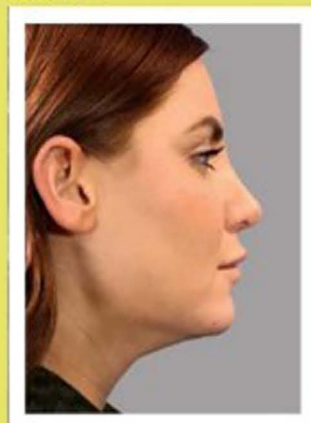
SOURCE: AMERICAN SOCIETY OF PLASTIC SURGEONS



BEFORE



AFTER



'Snatched' Profile

NORTHBROOK, IL PLASTIC SURGEON MICHAEL A. EPSTEIN, MD

To obtain a razor-sharp jawline and refine the bridge of her nose after an injury, this 27-year-old patient turned to Dr. Epstein, who performed liposuction of the neck, a rhinoplasty and a septoplasty, which also fixed her deviated septum and breathing concerns.

BEFORE



AFTER



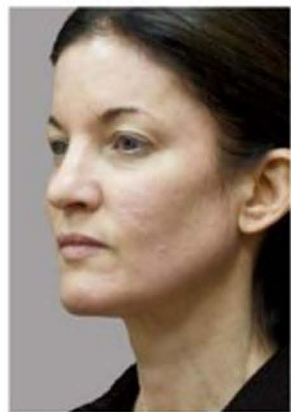
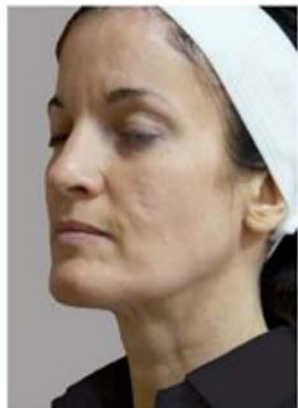
Body Goals

NEW YORK PLASTIC SURGEON ELIE LEVINE, MD

This 33-year-old mom-of-two sought Dr. Levine for a "Mommy Makeover" to get back in shape after baby. She chose 360-cc implants for a natural-looking increase while simultaneously sculpting her body.

AFTER

BEFORE



Tone and Texture

NEW YORK DERMATOLOGIST JODY A. LEVINE, MD

To address acne scars and lax skin, this 52-year-old patient sought Dr. Levine for a more lifted and polished look. Dermal filler injections and laser skin resurfacing to smooth acne scars gave her the beautiful complexion and better defined cheeks and jawline she desired.